

Promise and Deliverance

Student Workbook

Volume 13

Level 1

Harvey De Groot

Copyright © 2022 Harvey De Groot

Unless otherwise indicated, Scripture quotations are taken from the New King James Version.

This work is licensed under the Creative Commons AttributionNonCommercial-NoDerivs 3.0 Unported License. To view a copy of this license, visit <http://creativecommons.org/licenses/by-nc-nd/3.0/> or send a letter to Creative Commons, 171 Second Street, Suite 300, San Francisco, California, 94105, USA.

In plain English, it means that you are free share (copy, distribute and transmit) this work under the following conditions:

- You must attribute the work to Harvey De Groot.
- You may not use this work for commercial purposes.
- You may not alter, transform, or build upon this work. Among other things, that means you must include all pages, including this one, in any copies you share.

If someone has shared a copy of this book with you and you would like to support this work, please consider purchasing your own copy at:

www.norlandegroot.com

While at the website you can purchase bound copies or download free PDFs of this and other volumes.

Preface

When S.G. De Graaf wrote his four-volume series, *Promise and Deliverance*, he showed educators how to teach Bible stories from a redemptive-historical perspective. Rather than turning Bible stories into moralistic tales, De Graaf taught us how all the Bible shows God revealing himself as the God of the covenant, who is working out His redemptive plan for humanity and all of creation.

The 80 workbooks written by Harvey De Groot are meant to supplement De Graaf's work. They are divided by volume and level number: 20 volumes with four levels per volume. Workbook lessons are written at four levels so that families with students in various grades can study the same Bible stories during the week in preparation for their classes on Sunday. Prior to class, the Sunday School teacher should study the lesson in De Graaf's book. The teacher and students can go through the workbook during class.

The levels are divided according to the following grades:

- **Level One:** Grades K-1
- **Level Two:** Grades 2-3
- **Level Three:** Grades 4-6
- **Level Four:** Grades 7-8

Each volume contains 12 or 13 lessons, and each lesson has the following sections:

- **Reference:** The volume and lesson number in De Graaf's series.
- **Scripture:** The passage from Scripture on which the lesson is based.
- **Memory Verse:** A memory verse related to the lesson.
- **Lesson Truth:** A short statement to help the class focus on the main point of the lesson.
- **Lesson:** The lesson itself, which the teacher can read in class. For older grades, the teacher may opt to assign it as homework.
- **Questions:** Items to be discussed in class. For older grades, the teacher can assign these questions as homework but should also use them as a basis for class discussion. These are not the only questions that could or should be asked. Teachers should encourage students to come with their own questions as well.

This edition was written by Harvey De Groot and edited by his son Norlan De Groot.

Lesson 1
Christ as King

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 27

Scripture: Mark 1:1-13

Memory Verse: “You are My beloved Son, in whom I am well pleased.”
(Mark 1:11b)

Lesson Truth: Christ Jesus was baptized in the Jordan River. There He was anointed as King.

Lesson

The Gospel of Mark tells about Jesus as King. Mark wrote his gospel for Roman Christians. The Roman Christians knew about kings. A king was a lot like an emperor. The Romans had an emperor. Mark told about the King’s messenger. He told how the King was anointed. He also told about the King’s victory over Satan.

Mark began his gospel by telling about a herald. A herald is a messenger who shouts a message before a king. The prophet Isaiah told about this herald years before. Isaiah said a messenger would make the way ready for the king. He said this messenger would be a voice crying in the wilderness. Now Mark told the Roman Christians that this messenger had come. The messenger was John the Baptist.

John the Baptist lived alone in the desert. His clothes were made of camel hair. He ate locusts and honey. He started to preach in the desert. John’s message was different than the chief priests. Many people went to the desert to hear John preach. He told the people that they had to repent of their sins. Repent means that they had to feel sorry for the bad things they had done. Many of the people did repent. Then John baptized them in the Jordan River.

But John did not forget why God sent him to preach. God wanted him to make the way ready for Jesus. John told the people that Jesus was coming. He told them in a different way. John said that he was not worthy to untie Jesus’ sandal strap. He knew that Jesus was God’s promised King.

Then John told the people something wonderful. He told them that Jesus would baptize them with the Holy Spirit. This meant that they would truly be God's people. The Holy Spirit would change their hearts.

As John was baptizing people an amazing thing happened. Jesus came down to the Jordan River. He wanted John to baptize Him. At first John didn't want to baptize Jesus. He said that Jesus should baptize him. But Jesus said it was right for John to baptize Him. Just as Jesus came out of the river He saw the heavens open. Then the Holy Spirit came down from heaven in the form of a dove. As the Spirit rested on Jesus He heard a voice. The voice said, "You are My beloved Son, in whom I am well pleased" (Mark 1:11). This was the way that God anointed Jesus as King.

The King that God anointed had to fight Satan. This is what happened. The Holy Spirit brought King Jesus out to the wilderness. He was out in the wilderness for forty days. In the wilderness Satan tempted Jesus. He wanted Jesus to worship him. But Jesus was King. He did not listen to Satan. He won the victory over sin and Satan. He won the victory for His people. God's people will struggle against sin. But King Jesus won the victory for them. Satan and his army are defeated. By faith we are on the King's side!

Questions

Choose the correct answer.

1. The messenger of the King was (Isaiah – John the Baptist).
2. John told the people that they had to (rejoice – repent) because of their sins.
3. God sent (John – Isaiah) to make the way ready for Jesus the King.
4. The Holy Spirit rested on Jesus in the form of a (butterfly – dove).
5. Jesus as King won the victory over Satan for (the Jews – His people).

The Holy One of God

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 28

Scripture: Mark 1:14-39

Memory Verse: “I know who You are—the Holy One of God.” (Mark 1:24b)

Lesson Truth: Christ Jesus is the Holy One of God. He claims life for His people.

Lesson

Jesus was called the Holy One of God. To be Holy means to be set apart for God. Satan said that Jesus was the Holy One of God. He did this when Jesus taught in the synagogue in Capernaum. We know that Satan is a liar. Yet this time he told the truth.

The Lord Jesus began His ministry to the people. John was in prison when Jesus began preaching. Jesus told the people the same thing as John. He told them to repent from their sins. Jesus said that the Kingdom of God was at hand. The Lord Jesus wanted the people to believe the gospel. The gospel is the good news about salvation.

The Lord wanted men to be His disciples. Do you know how He got men to be His disciples? He called them from their work. Jesus was walking along the Sea of Galilee. There He saw Simon and Andrew. He asked these fishermen to follow Him. Jesus told them that He would make them become fishers of men. He also called James and John. These men left everything to follow Jesus.

Then Jesus and His disciples went to Capernaum. They went to the synagogue to teach and preach. The people were amazed at what Jesus said. They knew that He had the right to speak. God gave Him the power to speak. Then a strange thing happened. A man with an unclean spirit talked to Jesus. The unclean spirit in this man was Satan. Satan cried out for Jesus to let his demons alone. He asked Jesus if he came to destroy them. Then Satan said something amazing. He said that he knew who

Jesus was! Satan told Jesus that he was the Holy One of God! Jesus truly is the Holy One of God!

Do you know what Jesus did? He told Satan to come out of the man. Satan made the man shake, and then he came out. Jesus wanted the people to know that He was the Holy One of God. But He didn't want them to learn this from Satan. Jesus wanted His people to learn this from His Word. The people were amazed that evil spirits obeyed Jesus. They did not understand that Jesus came to free them from Satan.

Jesus also showed His power at Simon's house. Simon's mother-in-law was sick with a fever. Jesus took her by the hand and helped her up. At that very moment the fever left her. Now this woman knew that Jesus was her Redeemer. He is the Holy One of God. Jesus can heal the sick. He can set His people free from sin and Satan!

The people brought their sick ones to Jesus. They even brought those who had evil spirits. Jesus healed the sick ones and cast out the evil spirits. It was hard for the Lord Jesus to fight against Satan. In order to remain strong He talked with the Father in heaven. Jesus went out before daylight to talk to the Father. He found a place to be by Himself. There He prayed. The Lord Jesus asked the Father for strength. Just think, Jesus won the victory over sin and Satan. He did this for everyone who believes that He is the Redeemer. This was the way that Jesus taught the people about His grace.

Questions

Choose the correct answer.

1. Jesus preached the same message as John, telling the people to (rejoice – repent).
2. Jesus told Simon and Andrew that He would make them become (teachers – fishers) of men.
3. It was (Satan – the disciples) who said Jesus was the Holy One of God.

4. Jesus wanted His people to learn that He is the Holy One of God from (Satan – His Word).

5. Before daylight, Jesus went to talk to His (Father in heaven – disciples), so He would remain strong.

Power to Forgive Sin

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 29

Scripture: Mark 2:1-12

Memory Verse: “When Jesus saw their faith, He said to the paralytic, ‘Son, your sins are forgiven you.’” (Mark 2:5)

Lesson Truth: Christ Jesus showed that He was God. He has the power to forgive sin.

Lesson

Jesus healed a lame man. He chose this time to show that He was God. Jesus told the lame man that his sins were forgiven. Only God can forgive sins. This was how Jesus told the people that He was God.

The Lord Jesus preached all over Galilee. He healed many sick people. His miracles made Him very famous in Galilee. Many people came to see Him. Most of the time Jesus stayed in the country to get away from the crowds. But one day He decided to go back to Capernaum. The people soon learned where Jesus was staying. They crowded into the house to see Him. The people wanted Jesus to heal their sick.

Four men came to the house where Jesus was staying. These four men were carrying their lame friend on a mat. But the crowd would not let them pass through. They could not get to Jesus. Do you know what they did? These men carried their friend up to the roof of the house where Jesus was. They took some tiles off the roof. Then they used ropes to let their lame friend down at Jesus’ feet. Jesus knew they had faith. They really believed that Jesus could heal their friend. Then Jesus said to the lame man, “Son, your sins are forgiven you” (Mark 2:5). He did not say that he was healed from being lame.

Some scribes were in the house with Jesus. They thought it was bad for Jesus to say that the lame man’s sins were forgiven. These scribes thought only God could forgive sins. They did not believe that Jesus was God. But Jesus knew their wicked thoughts. So, He asked them if it was easier to

say, “Your sins are forgiven you,” or to say, “Arise, take up your bed and walk.” Then Jesus told the scribes that He would heal the lame man. He would do this to show that He was the Son of God.

Jesus wanted the scribes to know that He had the power to forgive sins. So, He said to the lame man, “I say arise, take up your bed, and go to your house” (Mark 2:11). Do you know what happened? The lame man got up and walked through the crowd. He went to his own house. The lame carried the mat he had lain on. Now the scribes said nothing. But their hearts were hard. They still did not believe that Jesus was the Son of God!

The people were amazed. They glorified God. They said, “We never saw anything like this” (Mark 2:12). Many people believed that Jesus was the Son of God. They praised God’s name. They knew that Jesus healed the lame man. Still others had hard hearts like the scribes. These people did not ask Jesus to forgive their sins. Some of them thought that they did not need to be forgiven. Do you believe that Jesus can forgive your sins? Have you asked Him to forgive you? Then you can also glorify God!

Questions

Choose the correct answer.

1. Jesus preached all over (Galilee – Judea).
2. At Capernaum (only a few people – crowds of people) came to see Jesus.
3. Four men let their friend down through the roof to see (John – Jesus).
4. Jesus knew the lame man and his friends had (faith – power).
5. The (lame man – scribes) did not believe that Jesus was the Son of God.

Lord of the Sabbath

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 30

Scripture: Mark 2:23–3:6

Memory Verse: Mark 2:28 “Therefore the Son of Man is also Lord of the Sabbath.”

Lesson Truth: Christ Jesus was known as the Son of Man. He was Lord of the Sabbath.

Lesson

The name Lord is a title of respect. It means to be the master. In our lesson today Jesus said that He was Lord. He told the Pharisees that He was Lord of the Sabbath. Jesus is the Master of the Sabbath. He made the Sabbath Day to be a blessing for His people.

The Pharisees made the Sabbath a heavy burden. They made many rules for the people to follow on the Sabbath. The Sabbath had become a duty instead of a joy. The Pharisees differed with Jesus about Sabbath Day rules. The Gospel of Mark tells us how Jesus and the Pharisees disagreed one Sabbath Day.

Jesus and His disciples were walking through the grain fields. It was a Sabbath Day. Jesus disciples picked some heads of grain to eat. The Pharisees saw what the disciples did. They said picking grain was against the Sabbath Day rules. The Pharisees asked Jesus why His disciples did not obey the Sabbath Day rules. Jesus knew that the Pharisees rules about the Sabbath were wrong, so He tried to teach them the truth.

The Lord Jesus reminded them what king David did. David ate the showbread from the Lord’s house. He even gave some of it to his men. The law of the Lord’s house said that this bread was only for the priests. David knew that law. He also knew that God gave laws to set men free. Laws were not made to be a burden. Jesus wanted the Pharisees to understand the law of God. God’s law was not made to choke and kill.

His law to remember the Sabbath Day to keep it holy was made to free His people.

God's law told the people that they should not work on the Sabbath. People who did not have to work would be free to worship and to rest. The Sabbath was supposed to be a joy. Jesus told the Pharisees that the Sabbath was made for man. He said that man was not made for the Sabbath. Jesus said that the Son of Man was Lord of the Sabbath.

The Pharisees had hard hearts. They did not understand what Jesus told them. These bad men still wanted to accuse Jesus. The Pharisees followed Jesus to the synagogue. It was the Sabbath Day. Jesus saw a man at the synagogue with a withered hand. He knew that the Pharisees were watching Him. They wanted to see if Jesus would heal this man on the Sabbath Day.

Jesus asked the man to step forward. Then He looked at the Pharisees and asked them a question. Jesus asked: "Is it lawful on the Sabbath Day to do good or to do evil, to save life or to kill?" (Mark 3:4). The Pharisees did not dare to answer Jesus. They knew that any answer would make them guilty. Jesus then looked at them with anger. He was hurt because of their hard hearts. It was terrible for the Pharisees to reject God's grace. The Lord then told the man to stretch out his hand. In faith he obeyed Jesus and his hand was healed. The man's withered hand became just like his good hand.

The Pharisees were not sorry for their sins. They did not believe Jesus even when He healed this man. Instead their hearts became even harder. Do you know what the Pharisees did? They made friends with the people who followed Herod. Then the Pharisees and Herodians planned ways to kill Jesus. Even today, people either believe Jesus and love Him, or they want to destroy Him. Do you believe Jesus and love Him?

Questions

Choose the correct answer.

1. The (Pharisees – disciples) made the Sabbath Day a heavy burden of rules.

2. Jesus and (the priests – His disciples) were walking through the grainfields on the Sabbath Day.
3. The (Herodians – Pharisees) said that picking grain was against the Sabbath rules.
4. God's people who do not have work on the Sabbath Day are (free – duty-bound) to worship and rest.
5. The Pharisees had (repentant – hard) hearts that did not believe Jesus.

Lesson 5
Not Known

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 31

Scripture: Mark 3:7-35

Memory Verse: “For whoever does the will of God is My brother, and My sister and mother.” (Mark 3:35)

Lesson Truth: Christ Jesus was moved by the Holy Spirit to work without resting. Yet the people did not know that He was the Son of God.

Lesson

Jesus was not known by the people of His day. They knew Him as the son of Joseph and Mary. But they did not know Him as the Son of God. Mark told about some things that happened as Jesus taught. He told what the Scribes said about Jesus sending out demons. These events showed that the people did not know Him.

Lots of people wanted to follow Jesus. They came from many cities and towns. There were so many that Jesus and His disciples went to the sea. He told the disciples to have a boat ready. Jesus said that He would get into the boat if the people crushed Him. Do you know why so many people followed Him? They followed Him because He made the sick people well. He also sent demons out of people.

The people did not really know who Jesus was. But the demons knew Him. They fell down before Jesus. Then they cried out, “You are the Son of God” (Mark 3:11). Jesus told the demons not to tell who He was. He wanted people to know that He was the Redeemer. But Jesus did not want them to learn this from demons. He wanted them to learn that He was the Redeemer from God’s Word.

One day Jesus and His disciples went up on a mountain. Jesus wanted to train some men to help Him with His work. He asked twelve men to be His disciples. Jesus told these twelve men what to preach. He also gave them the power to heal people and to send out demons. It was sad that one of these twelve men later betrayed Jesus. This man was Judas Iscariot.

So many people pressed around Jesus that He did not have time to eat. His friends wondered why He worked so hard. Some of them thought that Jesus was out of His mind. They thought that He worked so hard because He was beside Himself.

The Scribes did not believe that Jesus was the Redeemer. But how could Jesus heal people and send out demons if He was not the Redeemer? Do you know what the Scribes said? They said that Jesus sent out demons in the name of Satan. Wasn't that a terrible thing to say? Jesus asked the Scribes how Satan could send out Satan. He reminded them that a kingdom that fights against itself could not stand. Then Jesus warned the Scribes about a sin that could not be forgiven. A sin that could not be forgiven is a sin against the Holy Spirit. The Scribes were guilty of that kind of sin. They were guilty because they heard Jesus' words and saw His miracles. Still they did not listen to the Holy Spirit in their hearts. Jesus told them that such a sin could not be forgiven.

Again, Jesus' friends tried to rescue Him from the crowds. They told Jesus that His mother and brothers wanted to see Him. Then Jesus asked a funny question. He asked, "Who is My mother or My brothers?" (Mark 3:33). He asked this question so He could tell them a wonderful truth. He told them, "For whoever does the will of God is My brother and My sister, and My mother" (Mark 3:35). Do you do God's will? Then you are Jesus' brother or sister or mother!

Questions

Choose the correct answer.

1. Many people (followed – ran from) Jesus because He made sick people well.
2. The (people – demons) cried out, "You are the Son of God" (Mark 3:11).
3. Jesus asked (ten – twelve) men to be His disciples.

4. The Scribes said that Jesus sent out demons by the (Holy Spirit – Satan).

5. Jesus said that whoever (does – does not do) the will of God is His brother or sister or mother.

The Revelation of the Mystery

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 32

Scripture: Mark 4:21-34

Memory Verse: “If anyone has ears to hear, let him hear.” (Mark 4:23)

Lesson Truth: Christ Jesus told the secrets of the Kingdom of heaven.

Lesson

Our title has two very hard words. They are the word *revelation* and the word *mystery*. Revelation means to help somebody know something. It is like learning a secret. A mystery is something we don't know. Or a mystery is something we don't understand. Our lesson today is about Jesus telling the people a secret. He told them the secret of God's Kingdom. Jesus told the people this secret by telling stories. The stories that Jesus told were called parables. A parable is an everyday story that has a spiritual meaning.

One of the stories that Jesus told was about a lamp. Jesus said that people do not light a lamp to hide it under a basket. A lamp is lit so that everyone in the room can see. Jesus then told the people the secret of God's Kingdom. The secret is that God sent Him to be the lamp. Jesus is the light of the World. Under the light of Jesus words God's people would see the Kingdom of heaven. So, Jesus told the people to be careful with what they heard.

Then Jesus told the people how the Kingdom of Heaven works. He told them that those who believe His word have faith. Jesus said that those who have faith would be given more faith. Then Jesus said something sad. He said that those who did not believe would have their faith taken away.

Another story that Jesus told was about scattering seed. This story helped the people know how faith grows. Jesus said that after a farmer scatters seed, he works and rests. As the farmer works and rests the seed grows. The farmer does not do anything to make it grow. It grows because God's grace makes it grow. The seed of faith in our hearts works the same way.

The seed of faith is sown when we hear the gospel. Then God's grace makes this seed of faith grow in our hearts.

Jesus wondered what He could compare to God's Kingdom. He decided to compare it to a mustard seed. A mustard seed is a very tiny seed. Yet this tiny seed can grow into a big plant. It can become so big that the birds nest in its shade. This tiny seed grows because God's grace gives it the power to grow. It is the same way with the seed of faith. The gospel plants the seed of faith. God's grace then gives the seed of faith the power to grow. The way faith grows is one of the secrets of God's kingdom.

The Lord Jesus taught the people with parables. He did this so that believers would understand. He also taught with parables so that unbelievers would not understand. You and I should learn to listen to the stories of Jesus. These stories of good news plant the seed of faith in our hearts. Jesus promised that if we had faith He would give us more faith. God's grace can make our faith grow just like it makes the mustard seed grow!

Questions

Choose the correct answer.

1. Jesus told the people the secret of the (Kingdom of God – disciples' power).
2. Jesus is the (darkness – light) of the world.
3. God's (grace – anger) makes the seeds to grow.
4. Jesus compared God's Kingdom to a (tree – mustard seed).
5. Jesus taught the people by using (thunder – parables).

Safety

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 33

Scripture: Mark 4:35-41

Memory Verse: “You rule the raging of the sea; when its waves rise, You still them.” (Psalm 89:9)

Lesson Truth: Christ Jesus is all-powerful. That is why we are safe in the world.

Lesson

Our lesson today is about safety. Our safety comes from the Lord Jesus. The Bible story today is about Jesus and His disciples in a storm. This storm was on the Sea of Galilee. Jesus had the power to quiet the wind and the waves. Jesus has the power to do all things. That is why you and I are always safe!

Jesus worked very hard. He taught the people about the Kingdom of heaven. In the evening, Jesus was tired. He asked the disciples to bring Him to the other side of the sea. There He could rest. He would be away from the crowds of people.

The disciples and Jesus got into a boat. They started crossing the Sea of Galilee. Do you know what happened? A big windstorm began to blow. It blew so hard that it blew water into the boat. The boat almost began to sink. The disciples worked very hard to keep the boat from sinking. But as hard as they worked, the boat still began to sink. Then the disciples thought about Jesus. Jesus was asleep in the back of the boat. The disciples thought that Jesus didn't care that they were in danger.

When they decided to awake Jesus. The disciples were afraid. They asked Jesus, “Teacher, do You not care that we are perishing?” (Mark 4:38). Didn't Jesus care if they drowned in the sea? Of course, Jesus cared! Jesus is the Redeemer who came to save people from their sins. He surely cared about His disciples. It was sad that the disciples forgot that Jesus was the Redeemer. The Redeemer of the world could save His disciples!

Then something amazing happened! Jesus got up and looked at the wind and the waves. He scolded the waves and He said to the sea, “Peace, be still” (Mark 4:39). Just as Jesus said these words, the wind quit blowing. The waves stopped beating into the boat. And the sea was calm. It was a miracle. Now the disciples knew that Jesus was the Lord. His grace had the power over all things in heaven and on earth. The disciples should have believed that Jesus could keep them safe.

Now Jesus scolded the disciples. He asked them why they were so afraid. Jesus even asked them why they had no faith. The disciples should have remembered that Jesus was the Lord. Then they would not have to be afraid.

The disciples looked at Jesus with deep respect. Then they asked each other a very important question. They asked who Jesus really was. Who could command the wind and the sea and they obeyed Him? The disciples were beginning to understand the power of His grace. Now they knew that Jesus had the power over everything.

Do you believe that Jesus can tell the storms to be quiet? Do you believe that He has the power to do all things? Then you do not need to be afraid. God’s people are always safe in the world!

Questions

Choose the correct answer.

1. You and I are safe because (Jesus – a disciple) has the power to do all things.
2. Jesus asked (the crowd of people – His disciples) to bring Him to the other side of the sea.
3. A big (flood – windstorm) made the disciples’ boat begin to sink.

4. The disciples were (afraid – not afraid), so they decided to wake Jesus.

5. Jesus said to the sea, (“Be calm” – “Peace, be still”) and it was calm.

Binding the Strong One

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 34

Scripture: Mark 5:1-20

Memory Verse: “When he saw Jesus from afar, he ran and worshiped Him.” (Mark 5:6)

Lesson Truth: Christ Jesus has the power to bind Satan. He can plunder Satan’s house.

Lesson

Our story today is about a wild man. Jesus met this wild man in the country of the Gadarenes. He was wild because he was filled with demons. This man was so wild that no one could tie him up. The people tried to tie him with chains and shackles. But he broke the chains and shackles. This wild man lived among the tombs. The tombs are places to bury the dead. Day and night, the man would cry out and cut himself with stones. No one could tame this man!

Then a wonderful thing happened. This wild man saw Jesus come out of the boat. He ran up to Jesus and worshiped Him. The demons in this man knew that Jesus had the power to send them away. They knew that Jesus was the Son of God. These demons asked what they had to do with Jesus. Then Satan in the demons begged Jesus not to torment him. He begged because Jesus told the demons to come out of the man.

Jesus then asked him his name. He answered Jesus that his name was Legion. It was Legion because legion means many. There were many demons in this poor man. Satan then asked Jesus not to send his demons out of the country. He knew that he was under Jesus’ power. Satan begged to be allowed to stay in this country. Jesus allowed Satan to stay but not in the wild man. Satan is under Jesus’ control. Some day Jesus will take the whole world away from Satan. Jesus died so that He could break Satan’s rule.

Satan and his demons saw a large herd of pigs feeding nearby. They asked Jesus if they could go into the pigs. They knew that they could not go anywhere without Jesus' permission. Jesus then allowed them to go into the pigs. Do you know what happened? The pigs ran down a steep cliff and into the sea. Why did Jesus allow Satan to destroy the pigs? This was a punishment for the unbelief of the Gadarenes.

The men who fed the pigs hurried to the city. They told the people what happened. Many of the people went out to see. Do you know what they saw? They saw Jesus and the wild man. The wild man was sitting quietly. He had his clothes on and was in his right mind. Wasn't that wonderful? Still the people were afraid. They were afraid that Jesus had come to harm them. Then they did something awful.

The Gadarene people asked Jesus to leave their country. It is a terrible thing to ask Jesus to go away! Jesus then got into a boat to leave the Gadarenes. The wild man asked Jesus if he could go along. Jesus showed how much He loved the Gadarene people. He told the wild man to stay behind with his friends. Jesus said that the wild man should tell his friends the great things the Lord had done. Jesus loved the Gadarene people so much that He left a messenger of His grace. That is how the seed of grace was sown in the land of the Gadarenes.

Later apostles came and told these people about Jesus resurrection. They were also told about the coming of the Holy Spirit at Pentecost. This story helps us understand that Jesus has power over Satan and his demons. Jesus can bind the Strong One!

Questions

Choose the correct answer.

1. This is story about a wild man who filled with (angels – demons).
2. The man said that his name was (Legion – Satan) because they were many.
3. The demons asked Jesus if they could go into a herd of (cattle – pigs).

4. The (wild man – Gadarene people) asked Jesus to leave their country.

5. Jesus (loved – hated) the Gadarene people so much the He left them a messenger of His grace.

The Restorer of Life

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 35

Scripture: Mark 5:21-43

Memory Verse: “Do not be afraid; only believe.” (Mark 5:36b)

Lesson Truth: Christ Jesus can heal the sick and raise the dead. He has the power to restore life.

Lesson

Restore means to bring back. Jesus was able to bring a dead girl back to life. He was able to heal a sick lady. Jesus is the One who brings back health and life. He gives His people everlasting life. Everlasting life is life that lasts forever and forever.

Jesus sent many demons out of the man at Gadara. Now He came back to Galilee. A crowd of people met Him. The people wanted to be made well. Jairus was in the crowd. Jairus was a ruler in the synagogue. Do you know what Jairus did when he saw Jesus? He fell at His feet. He begged Jesus to come to his house. Jairus wanted Jesus to touch his daughter. His daughter was very, very sick. She was about to die. Jairus believed that Jesus could heal his daughter with magic. He did not understand that Jesus was the Redeemer. He did not know that Jesus could bring back life. Jesus went with Jairus. He would help him understand that He was the Redeemer.

Jesus walked along with Jairus. The people pushed against Him on all sides. In this crowd was a very sick woman. She also believed that Jesus could make her well with magic. She believed that Jesus’ magic would work if she touched His clothes. She got close to Jesus. Then she reached out and touched His robe. As soon as she touched Jesus’ robe He stopped. He asked the people, “Who touched My clothes?” (Mark 5:30). His disciples said that was a funny question. People were pushing Him on all sides. Why did He ask who touched Him? But Jesus knew that His healing power had gone out.

The Lord Jesus looked around. Then He saw the woman who touched Him. She fell down before Jesus. The woman was trembling and afraid. She told Jesus about her sickness. She told Him that she touched Him. The woman told Jesus everything. Then Jesus said something wonderful to the woman.

Do you know what Jesus said to her? He said, “Daughter, your faith has made you well. Go in peace, and be healed of your affliction” (Mark 5:34). An affliction is like being sick.

Just then a servant came from Jairus’ house. The servant told Jairus that his little girl died. He said it was no use to trouble the teacher. Jesus heard what the servant said. So He told Jairus, “Do not be afraid, only believe” (Mark 5:36). Then He went on to Jairus’ house. The people at his house were crying. They were crying because the little girl had died.

Jesus sent the people out of the house. Only the girl’s parents and some disciples could stay. Jesus then took the girl by the hand. He said to her, “Little girl, I say to you, arise” (Mark 5:41). And this girl who had been dead stood up and walked. The people were amazed!

This was the way that Jesus showed the people that He was the Redeemer. He healed the woman and He brought the girl back to life. Now the people would know that Jesus is the Redeemer. Now they would know that Jesus brings back life. He is the Restorer of life. Jesus gives life to His people. This life will never end!

Questions

Choose the correct answer.

1. The ruler of the synagogue was named (Legion – Jairus).
2. The (son – daughter) of Jairus was very, very sick.
3. The sick woman believed that (Jesus – Jairus) could make her well.

4. Jesus said to the woman (your faith – magic) has made you well.

5. A woman was healed and a girl was raised from the dead that people would know that (Jairus – Jesus) is the Redeemer.

The Lord from Heaven

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 36

Scripture: Mark 6:7-32

Memory Verse: “So they went out and preached that people should repent.” (Mark 6:12)

Lesson Truth: Christ Jesus made Himself known. He is the Lord from heaven.

Lesson

Who is Jesus of Nazareth? Some thought that He was John the Baptist who came back to life. Others thought that He was Elijah. Still others said that he was one of the prophets. Jesus showed that He was the Lord from heaven.

The people from Nazareth did not believe that Jesus was the Redeemer. They rejected His grace. Jesus was filled with wonder that they did not believe. Still, He taught them in their villages. So many people needed Jesus. He called His disciples to help Him. Jesus sent two at a time to the towns of Galilee. He gave them power to heal sick people. Jesus even gave them power over demons.

The Lord Jesus wanted them to go in His name. He told them not to take any food or extra clothes. They did not even need money. Jesus said they should ask people to stay at their house. For the people who let them stay it would be just like having the King overnight. Then Jesus said it would be terrible for people who did not help the disciples. On Judgment Day it would be better for Sodom and Gomorrah than for those people. Sodom and Gomorrah were the towns that God destroyed with fire. Do you know what Jesus told the disciples to do? He told them to shake the dust off their feet. This would be a sign against people who rejected them.

Jesus made many sick people well. He told demons to leave people's hearts. And Jesus taught the people with power. That is why they asked who Jesus really was. King Herod thought that He was John the Baptist.

Herod thought that John had come back to life. Herod was afraid because he put John in prison. He was afraid because he had John's head cut off. Herod had given John's head to the daughter of his wicked wife. Other people thought that Jesus was Elijah. They said that Elijah or another prophet must have come back to life. It was sad that they did not believe Jesus was the Redeemer.

The disciples came back from the towns to see Jesus. They told Him about the sick people being healed in Jesus' name. They said that even the demons were sent away in Jesus' name. This should have helped the people understand that Jesus was the Lord.

So many people came to be healed. The disciples did not have time to eat. Jesus then told the disciples to come to a quiet place to rest. As they rested with Jesus, He showed them His grace. The disciples started to know who Jesus was. They began to see that He was the Lord from heaven. That is the way Jesus made Himself known.

Questions

Choose the correct answer.

1. The people from (Nazareth – Jerusalem) did not believe that Jesus was the Redeemer.
2. Jesus called (the Pharisees -His disciples) to help Him with teaching and healing.
3. Jesus said it would be better for (Galilee – Sodom) on Judgment Day than for those who rejected the disciples.
4. King Herod thought that Jesus was (Elijah – John the Baptist) who came back to life.
5. Jesus told the disciples to come to a quiet place to (work – rest).

Purity in the Kingdom of God

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 37

Scripture: Mark 7:1-23

Memory Verse: “This people honors Me with their lips, but their heart is far from Me.” (Mark 7:6b)

Lesson Truth: People in the Kingdom of God need to be pure. Jesus said their hearts must be pure.

Lesson

What does it mean to be pure? Jesus said that our hearts must be right with God. That is the way to become pure. The Scribes and Pharisees thought that washing their hands made them pure. They thought this was the Law of Moses.

Many people began to follow Jesus. This made the Pharisees upset. They decided to watch Jesus. Maybe they could catch Him doing something wrong. The Pharisees and Scribes came from Jerusalem to watch. Do you know what they saw? They saw Jesus’ disciples eat without washing their hands. The Pharisees thought this was bad. It was bad because it was against their rules. But their rules were not the Law of Moses. Their rules were rules they made up. The Pharisees asked Jesus why His disciples didn’t follow the rules. They asked why His disciples didn’t wash their hands before eating. Jesus told them that they asked a bad question.

Jesus knew the hearts of the Pharisees. He said that the prophet Isaiah told about their sinful hearts. Isaiah said there would be people who pretended to love God. Yet the hearts of these same people would be far from God. Jesus told the Pharisees that they disobeyed God’s Law. They disobeyed so they could follow their own rules. This was a sinful thing to do.

Jesus told them how they disobeyed God’s Law. They did this by saying that their money belonged to God. Then they could not use their money to take care of their old parents. This was a rule the Pharisees made up. It

was not the Law of God. The Law of God commands His people to honor their father and mother.

The Lord Jesus also taught the people about clean and unclean things. The Pharisees thought that the things people ate would make them unclean. Jesus said that was not true. He said that the things that come from our hearts make us unclean. It is not what we eat that makes us unclean.

Christ Jesus said that wicked thoughts come from our hearts. He taught the people that murder and stealing come from sinful hearts. These things do not come from the food we eat. The Scribes and Pharisees became upset with Jesus. They did not like the things He taught. They worked against Jesus. They wanted to follow their own rules. The Pharisees would not allow Jesus to make their hearts pure. Do you love Jesus with your heart?

Questions

Choose the correct answer.

1. The Scribes and Pharisees came to (watch – honor) Jesus to see if he did something wrong.
2. The Scribes and Pharisees saw Jesus' (mother – disciples) eat without washing their hands.
3. Jesus said the prophet (Jeremiah – Isaiah) told about their sinful hearts.
4. The Pharisees thought that what people (said – ate) made them unclean.
5. Jesus taught that wicked thoughts come from our (hearts – what we eat).

A Light to the Gentiles

Reference: De Graaf, *Promise and Deliverance*, Volume 3, Lesson 38

Scripture: Mark 7:24-30

Memory Verse: “O woman, great is your faith! Let it be to you as you desire.” (Matt. 15:28b)

Lesson Truth: God made a promise to Israel that He would be their God. This was called God’s covenant. Still, Jesus also became a light to the Gentiles.

Lesson

A light helps us find our way in the dark. Jesus was a light to the Gentiles. He helped them find their way through the darkness of sin. This is a wonderful story. It is wonderful because the Gentiles were not part of God’s covenant. Still, God’s grace lived in the heart of a Gentile woman. God’s grace was seen as this woman asked Jesus for help. She believed that God’s grace could heal her daughter.

Do you remember that God made a covenant with Israel? A covenant is a promise. God promised the people of Israel that He would be their God. He promised that He would send the Redeemer. The Redeemer would save believers from their sins. It was sad that many people in Galilee did not believe Jesus was the Redeemer. The scribes and Pharisees were against Jesus. They were angry because He said that evil came from their hearts. Because of this, Jesus left Galilee. He went to the area of Tyre and Sidon.

At Tyre and Sidon Jesus wanted to hide. But the people soon heard that he was in their area. A Gentile woman heard about Jesus. She had a daughter who had a demon in her. This woman found Jesus and fell at His feet. She begged Him to cast the demon out of her daughter. Jesus’ answer to this woman sounded hard. It seemed like Jesus was against her. But He wasn’t. He just wanted her to believe God’s covenant promises.

To help this woman believe, Jesus talked to her about children. He said the children had to be filled first. This meant that God's covenant promise was first for Israel. It was for Israel because they were God's chosen people. Jesus also said that it would not be right to give the children's bread to the dogs. God's covenant promise was the bread that He talked about. This promise belonged to Israel before it was given to the Gentiles.

Jesus words about giving the children's bread to the dogs did not upset this woman. It did not upset her because she believed that God made a covenant with Israel. She showed that she believed this when she said: "Yes, Lord, yet even the little dogs under the table eat the children's crumbs" (Mark 7:28). Then Jesus said to her, "For this saying go your way; the demon has gone out of your daughter" (Mark 7:29). Her desire was to have the demon sent out of her daughter. The woman believed Jesus. She went home and found that her daughter was healed. No demons lived in this little girl anymore.

Jesus knew that God had put faith in this woman's heart. He knew that God's grace would also be for the Gentiles. God's grace first came to the believers in Israel. But His grace would also go to the Gentiles. People from every nation would come to know that Jesus is the Redeemer. Yes, Jesus was the light to the Gentiles! He helped them find their way through the darkness of sin. Is Jesus your light and your Redeemer?

Questions

Choose the correct answer.

1. The (people of Israel – Gentiles) were not part of God's covenant.
2. The Scribes and the (disciples – Pharisees) were against Jesus.
3. A (Pharisee – Gentile woman) asked Jesus to cast a demon out of her daughter.

4. Jesus said that it would not be right to give the children's (meat – bread) to the dogs.

5. Jesus said to the (woman – Scribes), “For this saying go your way; the demon has gone out of your daughter” (Mark 7:29).